

Patient/Caregiver Program Schedule – Sessions in Johnson Great Room
The 4th Minnesota Neuro-Oncology Symposium in partnership with The
American Brain Tumor Association: Partners in Treatment and Care

*****Attendees are welcome to attend the providers and research program taking place on Monday, May 7th. Please refer to the Provider/Research Program for further information on the sessions.***

Monday, May 7th

4:15-6:30pm Poster Session and Reception in Johnson Great Room

6:30 Dinner in Memorial Hall

7:00-8:00 **Dinner Presentation: 10 Year Review of the Brain Tumor Program**
David Largaespada, PhD, University of Minnesota, Twin Cities, MN
Ralph DeVitto, President & Chief Executive Officer, American Brain Tumor Association

Tuesday, May 8th

7:30am Registration & Breakfast

8:00-8:10 **Welcome & Announcements**
Emily Lippert, Program Manager, American Brain Tumor Association

Session One: Treatments and Therapies

8:10-9:00 **Empowerment & Supportive Care: What Brain Tumor Patients & Caregivers Need to Know**
Jeffrey Kendall, PsyD, LP, University of Minnesota, Twin Cities, MN
This session covers how to navigate the early days of a brain tumor diagnosis and what information patients, families, and caregivers would need to know in order to be empowered with information and supported with resources to make informed decisions through their treatment and care.

9:00-9:50 **Brain Tumor Board**
Panelists:
Matthew Hunt, MD, FRCS, University of Minnesota, Twin Cities, MN
Elizabeth Neil, MD, University of Minnesota, Twin Cities, MN
Chris Wilke, MD, PhD, University of Minnesota, Twin Cities, MN
H. Brent Clark, MD, PhD, University of Minnesota, Twin Cities, MN
Matthew Rischall, MD, University of Minnesota, Twin Cities, MN
Learn how a multidisciplinary panel of expert clinicians review brain tumor cases and how they work together to determine the best course of treatment for patients.

9:50-10:00 **Break, Networking, and Resource Fair**

10:00-10:50 **Advancing Brain Tumor Treatments: A Clinical Trial Primer**

David Darrow, MD, PhD, University of Minnesota, Twin Cities, MN

Clinical trials are essential to the development of new and more effective treatments for brain tumors. It can sometimes be overwhelming to understand what clinical trial options may be available to you. This session will help answer some important and common questions patients often have, including what questions you should ask your doctor before participating in a clinical trial.

11:45-1:30 **Lunch & BodyStorming Session**

BodyStorming in Beacon Room, Rec Center

Session Two: Living with a Brain Tumor

1:30-2:15 **Living Well with a Brain Tumor: Patient & Caregiver Panel**

Local patients and caregivers share their journey as they are navigating through the process of living with a brain tumor or caring for their loved one who has a brain tumor. This session will give attendees the opportunity to participate in a discussion and relate with other patients and caregivers who are walking through a similar journey.

2:15-3:00 **Patient and Caregiver Roundtables**

Attendees will have the opportunity to breakout into patient and caregiver roundtables or small discussion groups so that they can share their journey and experiences with each other, offer each other encouragement, and make new connections.

3:00-3:15 **Break, Networking, and Resource Fair**

3:15-4:00 **Nutrition & Cancer**

Tambra Dahlheimer RN, CPNP, CPON, University of Minnesota, Twin Cities, MN

This session will describe our current understanding of the role of nutrition in health and disease including how your nutritional needs may change during a diagnosis and nutritional strategies for symptom management.

4:00-4:45 **Palliative Care**

Joan L. Bieler, BCC, MA, MS, Northwestern Memorial Hospital, Chicago, IL

Palliative Care is the medical specialty focused on designing and coordinating – with other specialists- a care plan that meets the patient's goals. This session will give attendees information as to when Palliative Care would be helpful in a patient's disease trajectory and understand its role in addressing pain and suffering.

4:45-5:00 **Closing remarks**

Emily Lippert, Program Manager, American Brain Tumor Association
